

ريما

Reema

أنا الأقوى

I'M THE STRONGEST

 **AUSTIN MACAULEY PUBLISHERS™**
LONDON • CAMBRIDGE • NEW YORK • SHARJAH

I'm Just Fine

I'm just fine!

That's the sentence I kept reciting throughout my life; day and night! It is what I used to tell my friends whenever they approached me, asking how I was doing. Despite the suffering I had been through and the pain paralleling my life for ages, "I'm just fine!"

Get used to saying it!

This was backed by the words of the Japanese mentor, Ryuho Okawa; the spiritual leader and the founder of "Happy Science." He even used it to title one of his book's chapters in which he explained the therapeutic plan to get cured from life's bumps.

With each day he lived, he anticipated the good he would stumble on along the way and

with such optimistic spirit, he overcame and got cured.

To My Daughter

I know I left a massive amount of pain when I left you. I simply thought that we would overcome it, but I came to realize that life without you is dull and days are dragging themselves along to be spent in nowhere but bed!

May Allah forgive the sinful mothers and may you turn out to be one of the good-hearted daughters!

Surely, We Created Man in the Best of Stature

Allah has created us in the best image we could be...

All praise be to Allah, we are gifted with the grace of good health and wellness. With such gifts, we are distinguished from many of His creations. We may know this fact; however, sometimes, we tend to forget all about it!

I recalled that when I met Aliaa, the seventeen-year-old girl, she had been suffering from some sort of enlargement in her colon or what is medically known as (Hirschsprung Disease). It is some kind of congenital malformation in human intestines that results in one's inability to discharge naturally and that requires a surgical procedure by making two holes in the abdomen to release the stool.

Aliaa has lived all these years bearing such holes in her body and she has been always thankful and satisfied with what Allah has destined for her.