

Patrick Berry

MENTAL ENGLISH:
BOOK ONE

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MENTAL ENGLISH BOOK ONE

With Revision Tests and Answers

Patrick Berry

**Student's
Name**

Mental English – Books 1 to 6

A vocabulary based course of English for students of all ages, abilities and backgrounds.

In this series of books, each Unit has an A, B and C Section. In Books One and Two, the A Section in each Unit assumes only a very basic reading ability. The B Section seeks to improve phonetically the student's spelling and vocabulary skills, whilst the C Section presumes the student has average or above reading skills.

Throughout the course of these six workbooks the student is offered constant revision as a thorough course in spelling, punctuation and grammar is presented together with a very wide English general knowledge vocabulary.

The Revision Tests One and Two in each Book should be used at the teacher's discretion, the first three times perhaps on paper, the fourth time in the Book itself. Performance scores should be kept by the student.

The exercises on each page should be used on a regular basis for ten minutes or so each day, perhaps at some stage in the literacy hour as a "fill-in" when the faster workers have completed other appointed tasks.

A variety of instructions is used in Books One and Two to enable the students to familiarise themselves with various instructions and "language words" they will meet frequently throughout all of the Books, such as singular, plural, antonym, synonym, palindrome, participle, etc.

In Books Three to Five emphasis on the acquisition of a sound and permanent working vocabulary continues. The B Sections in Books Three and Four consist of words which will be almost certainly new to the student and, hopefully, interesting enough to be absorbed and used by him or her.

Frequent testing will obviously be of great help. The tests at the end of each Book, if used frequently, will recall the words to the student's mind and hopefully increase his/her total vocabulary by a thousand or so words by the end of Book Five, thereby giving him/her a substantial advantage for the rest of their life.

The *average* vocabulary of the *average* man in the street is unlikely to exceed ten thousand words (Shakespeare, in his plays, used 30,000 different words.) Most day-to-day conversations require less than 800 words!

A vocabulary above the average therefore is bound to give its possessor a distinct advantage in life.

The C Section in each Unit, whilst bringing even more vocabulary to the student's attention, gives not only plenty of practice in the use of vocabulary, but practice also of the rules of grammar and punctuation applied in using it.

Tests in Books Four and Five contain fifty questions each and the whole course of Books provides enough material for over six hundred lessons – a boon for any busy teacher. Book Six stands alone as a 1,000 question revision of the whole course.

A dictionary is an absolutely vital tool in the working of these books, together with a thesaurus. Access to other reference books would also be extremely useful.

Mental English Book One - Unit 1

Write your answers in the boxes or spaces.

Section A

In the box write the **opposite** of the word in dark type.

1. Umbrellas go **up** when the rain comes

2. Write the correct spelling: **lovly** **luvly** **lovely**

3. Water to make tea is boiled in a

4. I won the race. I came

5. Sort out these letters to make a word. **L L E B**

Clue: it rings.

6. Write the missing day. **Monday**

Wednesday

7. **I'm** is short for

8. Put **wh** or **th** in front of **at** in this sentence. _____ **at** are you doing?

9. One **book** but two

10. Use one of these words to finish this sentence.

fresh from free frog The cat jumped

the tree into my arms.

Section B

Put each of these words into its correct sentence.

march star chart spark shark lark farm scarf mark sharp

1. There is a dirty _____ on my new coat.

2. The _____ set fire to the paper.
3. That knife is very _____
4. We could hear the _____ singing in the sky.
5. Amy wore a _____ to protect her from the wind.
6. The children love to visit the _____ to see the animals.
7. A _____ has many long teeth.
8. The wise men followed the _____ in the night sky.
9. The soldiers will _____ to the palace.
10. The captain used a large _____ to find his way across the sea.

Section C **Verbs are DOING words.**

Put each of these **verbs** into its proper sentence.

put sat see made went saw said hit told walk

1. I _____ I was sorry.
2. Mary _____ by the fire to get warm.
3. Today John will _____ in the park.
4. Sam _____ the ball hard.
5. Mum _____ a cake for my birthday.
6. Tom _____ his toys away.
7. Harry _____ three birds in the yard.
8. _____ if you can find my ball.
9. Dad _____ to see the doctor.
10. Aunt Ruth _____ me to go to bed.

Mental English Book One - Unit 2

Write your answers in the boxes or spaces.

Section A

1. Put the correct spelling in the box:

happy hapy happy

2. When you get to the park you turn **right** or
(opposite)

3. If the singular is **boy**, the plural is

4. Put the answer in the box: **you're** is short for

5. Choose the right word and put it in the box: **here** **hear**

I could

noise outside.

6. Sort out these letters to make a word: **N I P A**

Clue: it hurts

7. Write the missing month:

December

February

8. I was number **two** in the race. I came

9. Write **Wh** or **Th** in front of **ere**. _____ **ere** are you going?

10. Use one of these words to finish the sentence.

spit spat spot spin Watch the humming top

Section B

Put each of these words into its proper sentence.

fork stork corner horse short storm born port torn sport

1. The ship will soon be safe in _____.
2. The _____ built its nest on the roof.
3. Football is my favourite _____.
4. The old man was _____ many years ago.
5. The cupboard stood in the _____ of the room.
6. Use a knife and _____ to eat your dinner.
7. After a _____ wait the taxi came for us.
8. Ben enjoyed his ride on a _____.
9. Beth's dress was _____ by the thorn.
10. The fierce _____ did a lot of damage.

Section C Verbs are DOING words.

Put each of these verbs into its proper sentence.

paid sent jumped fell thought go see make tell say

1. When I look through the hole I can _____ the garden.
2. I heard mum _____ she was going out.
3. The brave boy _____ into the lake to save the dog.
4. Have you _____ for your bus ticket?
5. Our teacher said she would _____ us a story.
6. Bob has not _____ me a birthday card this year.
7. Please _____ and fetch the bread.
8. I _____ I just saw Abbey go past.
9. Be good and try to _____ the holiday a lot of fun.
10. Mrs Green _____ as she got off the bus.

Mental English Book One - Unit 3

Write your answers in the boxes or spaces.

Section A

1. Choose the correct word and put it in the box.

their there

They went to get coats.

2. Put the correct spelling in the box. **evry erevy every**

3. I have two dogs. One is **big** and the other is (opposite)

4. Put the answer in the box. **he's** is short for

Put in the missing day.

Thursday Friday

6. Sort out these letters to make a word. **E N K E**

Clue: part of your leg

7. One **girl** and two (plural)

8. See if you can finish this saying: **as brave as a**

9. Write in the box the word that doesn't belong with the others.

hen robin dog sparrow

10. Use one of these words to finish the sentence.

desk risk task tusk It is always a to run across the road without looking.

Section B Put each of these words into its correct sentence.

her herb herd verb stern shepherd servant serve expert berth

1. A _____ is a person who looks after sheep.
2. A bed on board a ship is called a _____.
3. A _____ like **work** or **run** is a **DOING** word.
4. When I dropped the books the teacher gave me a very _____ look.
5. An _____ knows how to do things well.
6. Some rich people have a _____ to look after them.
7. Sage is a _____ mum uses to stuff the chicken.
8. Amy must remember _____ spellings.
9. We were held up by a _____ of cows in the road.
10. Mrs Banks asked me to _____ the coffee to her guests.

Section C **NOUNS** are things or people or places.

Put each of these **nouns** into its proper sentence.

chair car James London door train rain pain pane lorry

1. _____ is the biggest city in England.
2. You'll get wet if you play out in the _____.
3. The red _____ brought the coal to our house.
4. That _____ of glass is broken.
5. Sheila told the doctor about the _____ in her back.
6. Please wait and sit on that _____.
7. The _____ opened and in came a small dog.
8. Dad catches the _____ to work each day.
9. He says it is faster than going by _____.
10. At school I sit next to my friend _____.

Mental English Book One - Unit 4

Write your answers in the boxes or spaces.

Section A

- Put the correct spelling in the box.
papper paper papre
- Write the answer in the box. **She's** is short for
- Write the missing day. **Wednesday** **Friday**
- When you go into the house you **open** the door. When you are inside you the door behind you.
- Write in the box the odd one out in this line.
man girl dog boy lady
- Sort out these letters to make a word. **d d a e**
Clue: not alive
- See if you can finish this saying, **as quiet as a**
- Choose the correct word to go in the box.
I cannot untie the **not knot**
- Use **Th** or **Wh** in this sentence. _____ **en** is your birthday?
- Use one of these words to finish this sentence.
slap slam slot slug Please do not the door.

Section B Put each of these words into its correct sentence.

ill grill bill hill still chill will spill fill till

1. Sonia felt _____ and stayed in bed.
2. Be careful not to _____ your hot tea.
3. Be _____ while I comb your hair.
4. Put the bacon under the _____.
5. My dad got a _____ today from the gas company.
6. Please _____ you help me catch the dog?
7. I shall have to _____ that hole in case someone falls into it.
8. The shopkeeper put the money in the _____.
9. Climbing up the _____ was hard work.
10. There is a _____ wind today so put on your coat.

Section C **CAPITAL LETTERS** Always use a capital letter to
a. begin a sentence and **b. to begin someone's name**

Write out these sentences and put in the missing capital letters. Put a full stop at the end of each sentence to show the sentence is finished.

1. there is jamie's book _____
2. here are tom and steve _____
3. mrs brown lives in that house _____
4. my best friends are imran and william _____
5. our teacher is mr singh _____
6. pam's sister is called anne _____
7. that boy is not john hubbard _____
8. shirley jones and danny smith have just arrived _____

9. mr and mrs ward are going on holiday today _____

10. rakib told mike and todd he didn't feel well _____

Mental English Book One - Unit 5

Write your answers in the boxes or spaces.

Section A

1. Put the correct answer in the box.

he'll is short for

2. One of these words does not fit in with the others. Write it in the box.

seven eight nine eleven three

3. Put the correct word in the box.

William (**new knew**) he was lost.

4. Which is the correct spelling?

ground grownd grond

5. Write down the opposite of **in**.

Bobby's train went **in** and

the tunnel.

6. Put in the missing day. **Friday**

Sunday.

7. Sort out these letters to make a word. **G A N B**

Clue: a loud noise

8. One **square** and two (plural)

9. This is a well-known saying. Think of the missing word and put it in the box.

After the operation Jo was **as right as**

(This is called a **simile**)

10. Use one of these words to finish this sentence.

grab gran grit grub Tom went to visit his

Section B

See if you can put each of these words into its proper sentence.

toffee coffee cuff stuff fluff staff cliff huff off sniff

1. I'll _____ and I'll puff and I'll blow your house down.
2. I like tea but I don't like _____.
3. There is a button missing from the _____ of my shirt.
4. Do not walk too close to the _____ edge.
5. Sally would _____ all her toys in the cupboard.
6. His bad cold made him _____ a lot.
7. Aunt Rose gave me a big slab of _____ to eat.
8. What time does the match kick _____?
9. Mr Butler gave his _____ an extra day's pay.
10. The cleaner found a lot of _____ under the bed.

Section C

In these sentences you must write **ch** or **sh** or **wh** or **th**.

1. _____at is my car.
2. _____ere are your new shoes?
3. _____ich is your book?
4. _____oose the present you would like.
5. _____ut the door as you go out.
6. _____out if you need any help.
7. Uncle Paul is very _____in.
8. _____at is in your coat pocket?
9. Do you like fi_____ and chips?
10. From _____ich _____op did you buy _____at di_____?

Mental English Book One - Unit 6

Write your answers in the boxes or spaces.

Section A

1. Use one of these words to finish this sentence.

drip drag drum See the water from the roof.

2. Put the correct answer in the box.

She'll is short for

3. Write in the missing month. **December January**

4. What is the **plural** of **triangle**? One triangle, two

5. Which is the right spelling?

going gowing gowng

6. Write the opposite of **full**. My cup is **full** but yours is _____.

7. Put the correct word in the box.

to too two I found a pence piece.

8. Sort out these letters to make a word.

D I B R Clue: it flies

9. Write the odd one out in this line. Put your answer in the box.

cat wasp lion tiger

10. Which of these words goes into this sentence?

of off for I am going home my dinner.

Section B Put each of these words into its correct sentence.

quack racket attack back black crack track sack rack jacket

1. You need a _____ to play tennis.
2. This woollen _____ will keep you warm.
3. He was so lazy the boss gave him the _____.
4. Water came in through a _____ in the wall.
5. The duck gave a _____ as it swam away.
6. The soldiers will _____ in the morning.
7. Go to the _____ of the queue.
8. In snooker the _____ ball is worth seven points.
9. I cannot reach the top _____ of the oven.
10. We followed the _____ through the woods.

Section C Remember: VERBS are DOING words. Put each of these verbs into its proper sentence.

hop hope stand rush pull paint sleep dig come read

1. Tomorrow I will help dad _____ the back door.
2. Paula could _____ when she was three.
3. Can you _____ to my party on Saturday?
4. Go slowly and don't _____.
5. _____ up and down to keep warm.
6. _____ up and tell me your name.
7. The pirates will _____ a deep hole to bury the treasure.
8. If we all _____ together we will get the job done.
9. It sometimes takes ages to get to _____.
10. I _____ you have a good excuse.

Mental English Book One - Unit 7

Write your answers in the boxes or spaces.

Section A

1. See if you can finish this well-known saying. As as gold.

2. Sort out these letters to make a word.

O F O R Clue: it's on your house

3. **it'll** is short for

4. Put the correct word in the box.

sun son

He is his father's

5. Use **when** or **went** in this sentence.

Vasim

to school on the bus.

6. Use one of these words to finish the sentence.

tram trip trot trap

The police set a

to catch the burglar.

7. Write the opposite (**antonym**) of the word in heavy type.

That tree is **far** away but this tree is

8. Put the proper spelling in the box.

raining raining ranning

9. Write the missing month in the box.

June July

10. A baby cow is called a

Section B Put each of these words into its correct sentence.

trick chicken thick pick sick wicket ticket quick lick brick

1. Please _____ up that waste paper.
2. It's _____ for tea tonight.
3. _____ or treat night is next week.
4. Paul needs another _____ to finish the wall.
5. The hot soup was _____ and tasty.
6. May I have a _____ of your ice cream?
7. Be _____ and fetch me my glasses.
8. John took the last _____ of the match.
9. Mrs Burns felt very _____ and went back to bed.
10. Anne bought a _____ at the station.

Section C Remember that **VERBS** are **DOING** words.

Write the **TWO** verbs in each sentence in the boxes.

1. She mows the grass and weeds the garden.
2. I eat my breakfast and go to school.
3. Today I visit my aunt and make her tea.
4. Jack knows where Patch buries his bones.
5. The dog obeys him and does party tricks.
6. Andy writes each week and sends me news.
7. She tells me how she loves her hobbies.
8. She bakes cakes and eats most of them.
9. He stops and asks his way to the library.
10. At the age of three Alex reads a book and understands it.

1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10		

Mental English Book One - Unit 8

Write your answers in the boxes or spaces.

Section A

1. Use **they** and **there** in this sentence.

is the park where play.

2. A baby cat is called a

3. Write the plural (more than one) of the word in heavy type.

I have one **book**. Joe has two

4. **we'll** is short for

5. A bird lives in its

6. Sort out these letters to make a word. Clue: It's on your head.

R I H A.

7. Write the next month in this series.

October November

8. Write the opposite (antonym) of the word in heavy type.

When John lost his ball he was **sad**, but when he found it he was

9. Use one of these words to finish the sentence.

flag flap flan flat I saw the heron

its wings.

10. Write the correct spelling in the box.

deener dinner dinnre

Section B Put each of these words into its proper sentence.

clock sock pocket rocket flock dock frock Locket rock block

1. Denise wore her new _____ to the party.
2. We watched as the _____ burst in the sky.
3. The _____ in the kitchen keeps good time.
4. There is a hole in the heel of my _____.
5. I found a _____ of wood to put on the fire.
6. He keeps his handkerchief in his _____.
7. The boat began to _____ in the stormy sea.
8. Lucy _____ lost her pocket.
9. The ship came to _____ in the port of Dover.
10. A shepherd looks after his _____ of sheep

Section C CAPITAL LETTERS Always use a capital letter

a. to begin a sentence b. to begin someone's name c. to write the letter I when it is by itself or part of an abbreviation such as I'll or I've or I'd.

These sentences all end with a FULL STOP and each example has more than one sentence. Write them out correctly.

1. mary knocked at the door bilam opened it _____
2. this is my coat that is yours _____
3. the joke wasn't funny we'd all heard it before _____
4. the bus is late i have been waiting ages _____
5. the weather was freezing joe shivered he hated the cold _____

6. mrs butler went shopping she met mary they had a long talk _____

7. the dog was barking it barked all night i was very cross _____

8. sally shook her head she was tired she wanted to stay in _____

9. tina threw the brick it broke the window she ran away _____

10. it was raining i was soaked i ran home _____

Mental English Book One - Unit 9

Write your answers in the boxes or spaces.

Section A 1. Write the correct spelling in the box.

lesson lessun lesan

2. Sort out these letters to make a word. Clue: You can read it.

B O K O

3. Write out the plural (more than one) of the word in heavy type.

one **page** and two

4. Use **their** or **they** or **there** in this sentence.

lent us

bike to ride.

5. **you'll** is short for

6. Use **herd** or **heard** in this sentence. I can see a of cows in the field.

7. A baby wolf is called a

8. Move these words around to make a sentence. Write it on the line below.

run I fast. can _____

9. Write the opposite (antonym) of the word in heavy type.

A stone will **sink** but a cork will _____.

10. Use one of these words to finish this sentence.

best test rest vest

Some people wear a

in winter to keep warm.

Section B Put each of these words into its correct sentence.

made date hate late tape came same cane pane scrape

1. What _____ is it today?
2. The driver had to _____ ice from the windscreen.
3. Teachers do not use the _____ any more.
4. Emily was _____ for school today.
5. My toy car was _____ in China.
6. I _____ getting up early.
7. Jane's coat is the _____ colour as mine.
8. Every coat has to have a name _____ stitched on it.
9. The _____ of glass had been broken.
10. The car _____ very quickly towards us.

Section C Remember: A **NOUN** is a person, place or thing.

Write the two nouns in each sentence in the boxes provided.

1.	The cows eat grass.		
2.	John gave me a sweet.		
3.	The lorry crashed into the wall.		
4.	Penny has gone to school.		
5.	Joyce lives in London.		
6.	Sally finished the marathon.		
7.	The fox chased the chickens.		
8.	There is a hole in my shoe.		
9.	Give Barbara her dinner.		
10.	The wind blew her hat off.		

Mental English Book One - Unit 10

Write your answers in the boxes or spaces.

Section A 1. Write the correct word in the box.

peace piece May I have a of cake?

2. Which is the right spelling? Put it in the box.

sorey sorry sorry

3. Write the plural of the word in bold type.

One **school** and two

4. The person who makes our bread is called a

5. What tool do you need to cut wood? You need a

6. Move these words round to make a sentence and write it on the line.

your on Sit chair. _____

7. Put the correct answer in the box.

you'll is short for

8. A baby dog is a

9. Use one of these words to finish the sentence.

hush brush thrush blush

I love to hear the singing in the garden.

10. Write the antonym (opposite) of the word in bold type.

The sun makes things **dry** but the rain makes them

Section B Put each of these words into its correct sentence.

slide dine pine ripe bite ride spine pipe wine fine

1. The apples were _____ and ready to pick.
2. If it is a _____ day tomorrow we shall go walking.
3. Take a _____ of this cake and see if you like it.
4. The _____ had burst and there was water everywhere.
5. In winter I love to _____ on the ice.
6. Ted bought a cupboard made of _____.
7. Dad likes a glass of _____ with his dinner.
8. When we go to Blackpool we _____ on the donkeys.
9. More than thirty bones make up your _____.
10. When Dad is in a good mood he lets us _____ out in a restaurant.

Section C Here are ten **ADJECTIVES**. They describe **NOUNS**.

enormous quick expensive broad simple sure gentle noisy tough tiny

Write one of these words on each line below.

The word you write must mean the same as the word already on the line.

A dictionary would be useful.

- | | |
|-----------------|-------------------|
| 1. wide _____ | 2. fast _____ |
| 3. small _____ | 4. loud _____ |
| 5. strong _____ | 6. kind _____ |
| 7. dear _____ | 8. easy _____ |
| 9. huge _____ | 10. certain _____ |

Mental English Book One - Unit 11

Write your answers in the boxes or spaces.

Section A 1. Put the correct answer in the box.

I'll is short for

or

2. Fill in each square with a letter and finish this saying.

as pleased as

3. Write down the correct spelling.

comming coming comeing

4. Use **when** or **went** in these boxes.

Mary

to the shop it was closed.

5. Unscramble these letters to make a word.

L A W K Clue: Use your legs.

6. Someone who is not a doctor and looks after you in hospital is called a

7. Write the plural. One **house** and two

8. Use one of these words to finish this sentence. **fist insist twist mist**

We got completely lost in the thick

9. A baby hen is called a

10. Write down the missing word.

yesterday today